



Hindu Temple and Cultural Society of USA, Inc.  
**SRI VENKATESWARA TEMPLE (BALAJI MANDIR)  
AND COMMUNITY CENTER**



One Balaji Temple Drive, Bridgewater, NJ 08807, USA | Telephone 908-725-4477 | [www.venkateswaratemple.org](http://www.venkateswaratemple.org)

# ARUNA HOMAM

Sunday, 29<sup>th</sup> March 2020 at 9:00 AM

“Arogyam Bhaskaraadichheth” means we should expect health from Sri Surya Narayana Bhagawan. Our sages gave us powerful Veda Mantras, Aruna Prashna, to get good health from him.

“Aruna” means the glowing rising Sun. Of all the stars and constellations in this vast space, the Sun is the closest to us. He provides heat, light and energy. Amongst all Gods, the Sun is our first visible god (Pratyaksha Narayana). His brilliant rays (Arunaketu) eliminate the virus which flourishes in dark and cold places. This power of providing health and taking away illness bestowed him with name of “Aroga”.

Our goal is to eradicate this invisible virus which is visibly causing havoc to this world. Through a homam, we can offer various selected items to the sacred fire while chanting veda mantras (which are composed of special words recited in a specific rhythm) to invoke spiritual powers and eradicate the demonic virus. Hence, a homam is an excellent weapon to conquer the virus. In this homam, we invoke the Sun’s powers through the Aruna Mantras to eradicate this virus and help humanity.



## NOTE:

Poojas are not open to public attendance due to the temple being closed. Please pray from home.